

# The Walcott Day 5k

**Saturday July 18th, 2009**

**At the Walcott Coliseum in Walcott Iowa**

**RACE START 7:00 A.M.**

**Location:**

**Walcott Coliseum**

**116 W. Bryant Street**

**Walcott, IA 52773**

**Contact: Laurie Botkins**

**(563) 284-5127**

**www.cityofwalcott.com**

Restrooms available and breakfast  
will be available for purchase

**Awards:**

0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44

45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Awards go to the top three males and females

Within each age group. Awards to overall

Male and female finishers.

**\*New This Year**

1 mile run

(immediately following  
the 5k Run)

**Registration**

\$20.00 if pre-registered by  
June 27th. Cost after is \$25.00

**All paid entrants  
receive a t-shirt.**

*Flat, fast and accurate*

**Packet Pick-up:**

Walcott Coliseum  
116 W. Bryant Street  
Walcott, IA

Friday July 17th 5:00—7:00 pm

Saturday July 18th 6:00—6:45 am

**Mail entry to:**

**Walcott Day Committee  
222 West James St.  
Walcott, IA 52773**

**Cash, check or money  
Order accepted.**

**Checks payable to:  
Walcott Day Committee**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Age on 7/18** \_\_\_\_\_

Circle one of the following:

**Gender:** M F    **Type:** Runner    Walker (circle one)

**Type of Run:** 5k    1 mile (circle one)

**Shirt Size:** Ys Ym S M L XL XXL (add \$2 for XXL)

**Fees:** Pre-register by June 27....\$20    After June 27....\$25    Size XXL.....add \$2

**Waiver:** I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am able. I assume all risk associated with the event including and not limited to falls, injuries, and contact With other participants, effects of weather, traffic and road conditions. I, for myself and anyone entitled to act On my behalf, waive and release the race officials, organizers, sponsors, volunteers and the City of Walcott, IA And its employees and contractors from all claims and liabilities. I further state that I have trained Accurately and am in suitable athletic condition to compete in this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_